

Full Camp Menu for 2022. Revised 6/10/2022

Date	Breakfast	Lunch	Supper	Snacks
Friday Pre-camp			Roast Beef Slices Turkey Slices Bread Lettuce. Mayo Cheese slices. Mustard Chips Pickles	
Saturday Pre-camp	Eggs Grits Toast Cereal Milk	Roast Beef Slices Turkey Slices Bread Lettuce. Mayo Cheese slices. Mustard Chips Pickles	Lemon Pepper Chicken Roasted Potatoes Broccoli Rolls Pears (2 cans)	
Sunday Week 1	Eggs Toast Cereal Milk Oatmeal	Roast Beef Slices Turkey Slices Bread Lettuce. Mayo Cheese slices. Mustard Chips Pickles	Spaghetti Noodles Spaghetti Meat Sauce Cheesy Bread Stick Salad Milk Fresh Grapes Salad Dressing	A: Chocolate Milk BT: Milk Oatmeal Cookies with Peanut Butter
Monday Week 1	Eggs Toast Cereal Milk Diet Jelly Grape Juice	Grilled Cheese Tomato Soup Crackers Carrot Sticks Milk Canned Peaches	Pulled Pork Hamburger Buns French Fries Baked Beans Slaw Fresh Watermelon Milk BBQ Sauce	M: Chocolate Milk A: Orange Juice BT: 1/2 Cheesy Bread Stick and milk Scavenger Hunt
Tuesday Week 1	Sausage Biscuit Grape Eggs Apple Juice Diet Jelly Margarine Milk	Ground Beef Taco Shells Fritos Lettuce Tomato Celery and Carrots Milk Cheese Salsa Beans	Teriyaki Chicken Wild Rice Broccoli Rolls Salad Canned Pineapple Milk	M: Chocolate Milk A: Grape Juice BT Punch and Vanilla Wafers First Dance